

## Character Brainstorming Worksheet

NAME: \_\_\_\_\_ NICKNAME: \_\_\_\_\_

Protagonist  Antagonist  Ficelle  Foil  Mentor  Threshold Guardian  Minion  Herald

### NOVEL WORTHINESS .....

#### Main Character:

Heroic  Courageous  Goal-driven  Focused  Passionate  Sympathetic  Loyal  Attractive  
 Clever  Funny  Resourceful  Responds actively to surroundings  Embraces opportunity  
 Makes things happen  Mouthy  Stubborn  Perseveres with dignity  Stoic about problems  
 Leads Action  Idealistic  High Opinion of Self  Lives by Different Rules: \_\_\_\_\_  
 Quintessentially \_\_\_\_\_  Essential to the plot  Responsible for resolution

#### Sub-ordinate Character:

Reinforces a main character  Encourages and supports main character  Adds humor  
 Brings out Protag's Strength  Piles on complications

### GOAL/MOTIVATION/CONFLICT.....

#### External Goal:

#### Motivation:

#### Internal Goal:

#### Deep Wound/Fatal Flaw:

#### Reason:

#### Skewed World View as Result of Wound:

#### Conflict/Opposition:

### PHYSICAL APPEARANCE.....

#### Appearance Hook:

(One thing that separates this character from others? E.g. Dumbledore's beard. Harry's scar.)

#### Other Distinguishing Features:

Age:

Birthdate & Astral Sign:

#### Closest Real-World Celebrity Resembles:

**Attractiveness:**  Gorgeous  Beautiful  Handsome  Attractive  Cute  Sexy  Outdoorsy   
 Sophisticated  Girly  Upscale  Tomboy  Rugged  Masculine  Self-assured  Feminine   
 Mysterious  Ageless  Well-preserved  Poor

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**Descriptive Similes:**

**Likes about Appearance:**

**Dislikes About Appearance:**

**Clothing Style:** ( ) Conservative ( ) Elegant ( ) Quirky ( ) Normal ( ) Goth ( ) Sexy

**Favorite Clothes:**

**Favorite Colors:**

**Textural Descriptives:**

**Health:** ( ) Healthy ( ) Average ( ) Unhealthy ( ) Limitations:

**Height/Weight:**

**Body Type:**

**Hair Color:**

**Hair Style:**

**Hair Length:**

**Hair Texture:**

**Skin Color:**

**Race/Ethnicity:**

**Skin Texture:**

**Scars:**

**Head Size:**

**Face Shape:**

**Eye Color:**

**Eye Shape:**

**Nose:**

**Mouth/Teeth:**

**Chin:**

**Forehead:**

**Ears:**

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### PERSONALITY.....

**Defining Characteristic:**

**Main Traits:**

**Strengths:**

**Weaknesses:**

**Special Abilities:**

**Quirks:**

**Occupation:**

**Dreams:**

**Hobbies:**

**Mannerisms:**

**Bad Habits:**

**Outlook/World View:**

**Athleticism:**       Star  Trained  Natural  Average  Couch Potato  Clutz

**Intelligence:**

Genius  Intelligent  Smart  Clever  Shrewd  Focused  
 Original  Absent-minded  Silly  Foolish  Simple  Crazy  
 Dumb  Obsessive  ADD  ADHD

**Wisdom/Values:**

Good Instincts  Good Memory for Facts/Details  
 Good memory for patterns, connections  Imaginative  Prosaic  
 Improvises from past  Improvises from theory  
 Needs facts and concrete info  Comfortable with fuzzy data & guesses  Intuitive  ESP  
 Religious  Ethical  Moral  Self-Aware  
 Sincere  Discerns core of important problems  
 Seeks advice  Consistent with ethical beliefs  Honest  Bitter

**Energy Orientation:**

Acts before Thinking  Thinks before Acting  Loves/Needs to be Social  Needs Recharge  
 Rich Internal Life  Rich External Life  Solitary  
 Prefers One-to-One Communication  Socially Awkward  Taciturn  
 Skilled Conversationalist  Energetic  Lazy  Mellow  Hyper  
 Leader  Follower  Patient  Impatient  Perky

## Character Brainstorming Worksheet

### Thinking/Feeling:

- Logical  Searches for Facts  Notices Tasks & Work to be Done
- Easily provides objective and critical analysis  Accepts conflict as normal part of relationships
- Considers and projects personal feelings and impact on others in decision making
- Sensitive to people's needs and reactions  Seeks consensus and popular opinions
- Hates conflict  Self-effacing  Likes attention  Craves Attention  Narcissistic

### Judging/Perceiving:

- Needs to Plan before Acting  Task-Oriented  Sequential
- Works ahead  Goal-driven  Loves Routine  Impulsive  Spontaneous  Reflective  Cautious
- Takes Risks  Adrenaline Junkie  Plans On the Go  Multi-tasks  Mixes Work and Play
- Craves variety  Procrastinates  Works well under pressure  Rises to Deadlines
- Avoids Recurrent Commitments  Likes Flexibility  Likes Freedom

### Speaking Style:

#### Verbal Tics:

#### Voice/Tone:

#### Biggest Secret:

#### Likes about Self:

#### Hates about Self:

#### Things He/She Wishes She/He Could Change:

#### Phobias:

#### Greatest Fear:

#### Handles Fear By:

#### Anger Triggers:

#### Handles Anger By:

#### Embarrassed By:

#### Handles Embarrassment By:

#### Comforts Self By:

#### Prejudices:

#### Jealousies:

#### Pet peeves or gripes:

#### Sense of Humor:

## Character Brainstorming Worksheet

### **PREFERENCES.....**

**Favorite Foods:**

**Favorite Classes at School:**

**Favorite Books:**

**Favorite Music:**

**Favorite Movie:**

**Favorite Television Show:**

**Favorite Hero/Heroine:**

**Favorite Place to Have Fun:**

**Favorite Place to Escape:**

**Item(s) special to character:**

**People closest to character:**

**Enemy/Enemies/Irritants:**

**Faith/Beliefs:**

### **BACKSTORY.....**

**Home Life Before Story:**

**Family History:**

**Most Painful Experience:**

**Happiest Memory:**

**What Defines Home:**

**What Defines Safety:**

**Hangouts:**

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### PSYCHOLOGY & BRAINSTORMING FOR ABOVE SUMMARIES.....

#### Horoscope:

(see <http://my.horoscope.com/astrology/horoscope-sign-index.html>)

#### Chinese Horoscope:

(<http://www.astrology.com/chinese-astrology>)

#### Enneagram:

(<http://www.enneagraminstitute.com/>)

#### Meyers/Briggs:

([http://www.knowyourtype.com/16\\_types.html](http://www.knowyourtype.com/16_types.html))

- ENFP  ESFP  ESTJ  ESFJ  ENTP  ESTP  ENTJ  ENFJ  
 INFP  ISFP  ISTJ  ISFJ  INTP  ISTP  INTJ  INFJ

#### Mannerisms and Action Tags

- Smells of \_\_\_\_\_ Talks with hands  Talks with eyebrows  Shrugs a lot  
 Talks too fast  Talks too slow  Loses train of thought  Uses filler words  \_\_\_\_\_  
 Taps \_\_\_\_\_  Jiggles \_\_\_\_\_  
 Rolls eyes  Blinks when: \_\_\_\_\_  Shifts eyes when \_\_\_\_\_  
 Smiles when: \_\_\_\_\_  Bites nails when: \_\_\_\_\_  
 Sucks on: \_\_\_\_\_  Twirls/twists: \_\_\_\_\_  
 Touches object when: \_\_\_\_\_  Touches people when \_\_\_\_\_  
 Studies: \_\_\_\_\_  
 Morning routine \_\_\_\_\_  
 Acts on Superstition \_\_\_\_\_  
 Obsessively \_\_\_\_\_  
 Uses specific brands of \_\_\_\_\_  
 Wears specific clothing item \_\_\_\_\_  
 Carries lucky item \_\_\_\_\_  Bookmarks by \_\_\_\_\_  
 Uses phone  Texts  Twitters  Facebooks  Other social media \_\_\_\_\_

#### Speaking Style and Voice

- Talkative  Silent  Speaks Fast  Speaks Slow  Speaks Loudly  Speaks Softly  
 Speaks Formally  Speaks Casually  Accent \_\_\_\_\_  
 Interrupts  Blurts  Diffident to Others  High  Low  Throaty  Throaty  Raspy  
 Squeaky  Sexy  Resonating  Nasal

#### Common Words or Phrases

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